

## Endodontic Post-Treatment Care Instructions

- ❖ Endodontic treatment has been completed on tooth #\_\_\_\_\_. The root canals have been permanently sealed.
- ❖ The **outer** surface is sealed only with a temporary filling and must be restored **permanently** by your dentist to protect it against decay and fracture. It is not unusual for a thin layer to wear off before you see your dentist, however, if you think the entire filling has come out, contact our office.

Please phone Dr. \_\_\_\_\_ for an appointment. We will send a complete report with your final x-ray to their office within several days.

- ❖ Typically, some post-operative discomfort is expected (including bite sensitivity and pressure) for a variable amount of time. Should the tooth become very uncomfortable, or if swelling develops, please call our office.
- ❖ Take medications as directed. The treated tooth may be tender for a while, depending on the nature of the degeneration or infection of the diseased tooth. \*\*See reverse side for contra indications.
- ❖ Do not eat anything or drink hot beverages until the numbness in your mouth wears off. This will prevent you from biting your cheek or tongue.
- ❖ Do not chew on the treated tooth until it has been restored by your dentist to avoid fracturing or damaging the tooth.
- ❖ Brush your teeth as usual.